Mission Statement:

“To promote the dignity and well-being of people living with mental illness.”

Philosophy:

“Everyone should be encouraged to function as independently as possible.”
Funding Provided By:

Vancouver Coastal Health Authority

Fraser Health Authority

Provincial Health Services Authority

BC Housing Management Commission

Human Resources and Skills Development Canada

Canada Mortgage and Housing Corporation

BC Ministry of Public Safety and Solicitor General
   (Gaming Policy and Enforcement Branch)

Law Foundation of British Columbia

BC Ministry of Human Resources
MPA-Motivation, Power & Achievement Society
(formerly the Vancouver Mental Patients’ Association Society)

Board of Directors

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Jim O’Dea
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Director

Laura Williams Taylor
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Shahrouz Younesi
Director
The past year has been very productive for the board and organization of MPA. The Board of Directors has been expanding. In the past we have had nine board members and at times that would slip during the year. The Board is committed to keeping the membership of the Board up and are actively seeking new board members and are aiming to increase to twelve members. Board committees have been struck for Audit and Finance, Nomination, and Fundraising.

MPA has never been an organization to formally fundraise or to solicit donations. Partnerships and active fundraising will be a major focus for MPA this year. Tight funding and increasing costs mean that we will need to fundraise in order to secure our high standard of client care for the future. Later this year we will be hiring a professional in the Fundraising area and will be embarking on our own Development Department.

A new web-site has been created and will be launched sometime in July or August. We created the web-site from a “How can we help you?” and “How can you help us?” approach. The design allows for quick identification of the information you are seeking.

There has been enormous support for MPA’s new name and respect for it having a “positive” emphasis. Only the name has changed. Our original Mission Statement and Philosophy remain the same.

This year we performed many repairs to our properties. Not only does this provide for a comfortable place for our residents to live but keeps the value of the properties up as investments as well. Human Resources Skills and Development Canada awarded us a grant to renovate the resident washrooms at the Hampton Hotel. The washrooms were in a state of serious disrepair. The residents are enjoying the new washrooms.

The Board would like to thank all of our funders for their continued support and belief in the MPA philosophy of self-empowerment.

The Board of Directors
Letter from the Executive Director

Our Head Office completed it’s move to the Hampton Hotel on Powell Street in July. It was a very successful relocation into new surroundings that also accomplished a large dollar value in savings. As well as renovating the main floor, thanks to a HRSDC SCIPI grant we were able to renovate the resident washrooms on the two floors upstairs. In addition to physical improvements the building was also awarded a grant to assist in the restoration of the street front. When completed MPA was awarded a Heritage Award from the City of Vancouver for the quality of this restoration.

Our Member Advisory Council (MAC) (reporting to the Board of Directors) has been working well. It is meeting it’s mandate to communicate the needs of our population to the Board of Directors. Each point or suggestion is discussed at the Board Meeting with the Councils representative who is also a Board Director.

We have started to operate what we call Community Programming. This was born from a suggestion from the MAC. Community programming is emphasizing working in the community providing such services as power-washing, painting, moving and landscaping. Recently our members performed the moves that were made in our Maple Ridge locations and they have also assisted in landscaping a few of our houses. We are making progress with this program, however it is more difficult when there is no funding to support the initiative.

MPA has been managing two group homes in Maple Ridge for a few years now; a 5 bed home and a 13 bed home. This year, together with the Fraser Valley Health Authority, we revamped those two programs into one 5 bed home and one 19 bed home. The five bed home is owned by MPA; it’s beautiful and in a wonderful neighborhood. The new 19 bed home has just been completely renovated top to bottom due to a fire. It is far greater in size than the previous location and has been beautifully restored. The residents love their new homes and consider them very comfortable.

We are currently underway creating a new web-site for MPA. It is being designed from both a “How can we help you?” and “How can you help us?” perspective. The new web-site will have areas specifically for members, families, donors, staff, and the Board of Directors. We are hoping to have that web-site active by August.

On behalf of the Board of Directors and myself I wish to thank all our funders, donors and members for their support. Without you we couldn’t shine.

Regards,

Roberta C. Chapman
Executive Director
MPA
Community Services

Mission Statement

“To provide resources that enhance the quality of life of individuals with mental illness through community involvement, advocacy and support.”

Philosophy

“To help people live as independently as possible.”

The Community Service Programs of MPA have had a busy, successful year! MPA would like to thank The Vancouver Coastal Health Authority Mental Health Rehabilitation Services, The Fraser Health Authority, The Provincial Health Authority, The Vancouver Coastal Health Authority HIV/AIDS Program and The Law Foundation of BC for their continued funding of the Mental Health Empowerment Advocates Program, The Community Resource Centre, Vancouver/Surrey Court Services and The Hospital and Individual Advocacy Program at Riverview Hospital.

I would also like to extend a sincere thank-you to all companies and individuals who have donated food, clothing and time to the Community Resource Centre in the past year.

All Community Service programs continue to work towards improving the lives of individuals with mental illness through advocacy, support and encouragement. Although there is an ever increasing demand for resources and assistance, MPA Community Services has been able to meet that challenge through the support of its membership and staff and community.

Supervisors and staff of the MPA Community Service Program continue to do an exemplary job and I want to thank all for their continued efforts.

Judy Shirley
Director of Community Services
Individual Advocacy Program / Riverview Hospital

- In 2004, the advocate provided over 1000 instances of support, advocacy and resolution of issues to patients at Riverview Hospital.
- Documents and reports all issues.
- Regular attendance at community meetings.
- Provide information and education to patients, families and professionals.

Mental Health Empowerment Advocates Program (MHEAP)

- Provides over 250 instances per month of assistance with Person With Disability Applications, Canada Pension plan, Basic Income Tax and access and referral to other benefits.
- Provided on average 600 instances of referral in information on a monthly basis.
- Provides over 25 education sessions and updates per year about changes to legislation with client, family and professional groups.
- Provides ongoing referral, support and information about other resources to clients.
- Provides outreach to 7 communities in the Lower mainland and attends other community settings when needed.

Vancouver/Surrey Court Services

Each month, the Court Services provides over 1000 instances of support, advocacy or outreach in the criminal justice system.

- HIV outreach worker trained to provide portable needle exchange as a harm reduction method for clients.
- Ongoing education and awareness program in the criminal justice system regarding mental health issues.
- Works with key stakeholders in the criminal justice system to improve services to the mentally ill.
- Outreach and follow-up in the community.
Community Services

Community Resource Centre (CRC)

- In 2004, the CRC provided 23,000 hot meals and received funding to improve the kitchen. Renovations to occur in 2005.
- Free breakfast every day.
- Provides over 500 food bank bags to clients on a monthly basis.
- Provides over 200 peer run activities every month.
- Provide over 700 instances of advocacy, support, and access to services on a monthly basis
- Serves over 500 cups of coffee per day
- Community Outreach to the homeless.

Hospital Wide Advocacy Program/ Riverview Hospital

- In 2004, the program identified and brought forward over 30 systemic issues at Riverview Hospital to be addressed.
- Planned and implemented Annual Patient Conference, with over 150 patients and members from the community in attendance.
- Distributed a monthly newsletter to patients at Riverview.
- Developed a strategic plan to begin to provide advocacy in hospitals as Riverview beds move to the community.
MPA

Supported Housing

Mission Statement

“To provide a diverse continuum of housing so that each program can be flexible to meet the individual needs of its residents”.

Philosophy

“That all programs within this division be open minded to new and innovative ways to house a variety of resident profiles”.

I would like to thank the residents and staff of the Supported Housing Division for another successful year. We continue to work together to enhance the existing programs to better meet the needs of our residents.

This past year our focal point has been the Hampton Hotel. We require extensive funding to improve the infrastructure and safety of this building which was built in the early 1900’s. In doing so, we will ensure that the Hampton remains a safe and vibrant community for its residents well into the future. To coordinate this project, Laurie Koziak, the previous Director of Supported Housing, left our division in October, 2004 to assume the role of Director of Facilities. Please join me in extending our gratitude to Laurie for her work and dedication to the Supported Housing Division during the last eight years and to wish her well as she works on the Hampton project and other improvement projects throughout the agency.

This year 70 new individuals accessed housing through the various MPA Supported Housing sites. We continue to work with the Mental Health Housing Services Access Team to place individuals in appropriate housing resources. Unfortunately, vacancy rates remain very low and we were not able to secure any new sources of housing during the 2004 fiscal year. However, we did modify Irvine Place (previously an un-staffed shared apartment building) to create a new form of housing for individuals ready to transition from Licensed Care Housing to independent living.

This new style of housing provides on site staffing support at Irvine Place seven days a week and residents also have access to the services of an Outreach Worker to assist with community access needs. I would like to thank all those involved in the creation of this successful program including the past Irvine residents, the staff group, Mental Health Housing Services and our funding sources, The Vancouver Coastal Health Authority and B.C. Housing Management Commission.

I look forward to the coming year as we work together to improve existing programs and as we look towards future expansion in the Supported Housing Division.

Sue Baker
Director, Supported Housing
Supported Housing

**Duke House**
- A transitional group home for those who are ready for discharge from the hospital so they may find suitable community housing.
- 7 days a week (day & evening) staff support
- 5 Beds

**West 10th**
- Group living for women who choose to reside in an all female household.
- Week day staff support
- 6 beds

**Silken Laumann House**
- Week day staff support
- 10 beds
- Co-ed

**Kidder Place**
- Our goal is to reduce the occurrences of hospitalization of the parent and the consequent placement of the children into foster care by assisting mentally ill parents with both mental health support and subsidized housing.
- Off-site weekday outreach support.
Supported Housing

**Hampton Hotel**
- Supportive Housing
- 24 hour 7days/wk staff support
- Warm meal program
- Activities and social outings
- 46 units

**Welwyn House**
- Week day staff support
- 10 beds
- Co-ed

**Phoenix Apartments**
- Two year transitional apartment program.
- Week day staff support
- Peer Support
- 14 Units

**Irvine Place**
- Independent living with off-site weekday outreach support
- 3 x 2 bedroom apartments
- 1 x 4 bedroom apartment
Supported Housing

**Batten House**
- 5 Bed Group Home
- Residents suffer severe mental illness
- Co-ed
- Maple Ridge

**Youth SIL**
- Independent subsidized market rental apartments
- Ages 16 - 19 years (21 years max)
- Weekday outreach support to assist youth to maintain their home in the community.
- Transition into adult programming at age 21

**SIL / SuperSIL**
- Independent subsidized market rentals throughout the city

**SIL**
- Weekday outreach support based on individual need. Average 2 to 4 visits a month

**SuperSIL**
- Weekday and week-end outreach support based on individual need.
MPA
Licensed Housing

Mission Statement

“To provide 24 hour care to individuals with psychiatric disorders in a homelike environment.”

Philosophy

“Independence and personal dignity can exist in regulated facilities”.

During the year 2004/05, the Licensed Care Program of MPA continued to provide medical and psychiatric care for the residents of its licensed and unlicensed care transitional homes as well as various in-service training for staff at both licensed and unlicensed programs. All licensed care facilities were inspected by Community Care licensing officers and I am pleased to state that with only very minor issues noted.

In 2004 MPA began operating a licensed care facility previously run by a private service provider (Sophia House). This is a five bed home in the east side of Vancouver.

Residents in licensed care programs continue to participate in different activities and programs such as several day trips to places of interest, overnight camping (few trips to Manning Park), computer programming and other community living skill programs at mental health teams.

As part of MPA’s fundraising program, Licensed Care put together a vegetarian cookbook which was well received by staff, members and outsiders.

At Licensed Care we have met all our goals in the year 2004/05. However, we will continue to strive to improve the quality of resident’s care in our facilities and pursue more semi-independent housing be made available to those residents who are ready to move on to these skill programs.
Beckman House is a licensed, specialized residential care facility which opened April 29, 2002. The house is situated in Maple Ridge and provides rehabilitative housing for 19 men and women with a persistent mental health disorder. The spacious grounds surrounding the building provide an opportunity for outdoor living and playing during the warmer months. The persons-in-care have single private rooms which are well furnished. Twenty-four hour professional staffing is provided. Beckman moved to their new facility on April 27th, 2005. The residence is a new facility. Living arrangements are centred on the main floor with laundry facilities and person-in-care’s storage in the basement. The top floor provides a large activity room and a staff room.

Staff attended lectures and programs at various agencies in the community including the David Berman conference and Riverview Hospital.

In the year 2004/05, two MHW in-service programs were arranged for staff working at licensed care facilities. Up to the end of 2004, seven in-service programs were arranged with a total of 48 staff participating. Each in-service course consisted of 36 - 44 hours of lectures conducted mostly by Director/Assistant Director and Managers of licensed care facilities.

In addition to the above, two in-service programs were arranged by the Licensed Care Program for staff working in Unlicensed Program of MPA. (Self-administration of medications).

Furthermore, two upgrading first-aid courses were arranged and held for both regular and on-call staff working at MPA.

Considering the above, the Licensed Care Program has achieved its mandate in regard to staff training for this fiscal period.

Mel Henderson, RPN
Assistant Director of Licensed Care.
Licensed Housing

**Beckman House**
- Residents suffer persistent Mental Illness
- Promotes semi-independent living
- Co-ed
- 19 Beds

**Winston Manor**
- Respite Care
- Up to 30 day stay
- 8 Beds
- Relief for care givers of those with mental illness

**Sophia House**
- Residents who suffer from severe and persistent mental illness
- Promotes semi-independent living
- Limited to Males
- 6 beds

**Banyan House**
- Housing for residents who require on-going supervision
- Residents suffer severe and persistent mental illness.
- 6 Beds
Licensed Housing

Byron House

- Psycho-Geriatric Care
- Residents who suffer from mental and physical illness.
- Co-ed Facility

Tilikum House

- 6 Beds
- Past involvement with the criminal justice system, and suffering from mental illness.
- Limited to Males
- 6 Beds

Tamarack House

- 6 Bed Group Home
- Residents suffer severe mental illness
- Limited to Males

Virginia House

- 9 Bed Group Home
- Residents suffer severe mental illness
- Forensic History
- Limited to Females
- Preparation for community placement
Licensed Housing

Berman House

- 6 Beds
- Transition house for individuals who suffer from Psychiatric and drug addicted related issues.
- Program is based largely on high adventure activities.
- Limited to Males
Facilities Department

The Facilities Department is new to MPA, having been developed in the fall of 2004. This department operates as a support to the direct service divisions of MPA by addressing the maintenance, repair and development needs of present and future MPA buildings. This division is responsible for ensuring MPA members and staff have safe and well maintained locations to receive and provide services from and to preserve and enhance the capital value of MPAs’ investments.

One of the first projects undertaken was the development of a Cyclical Maintenance Plan. Annual maintenance needs of existing locations were identified and a contractors list was developed for each item. This plan ensures that cyclical maintenance and safety issues are addressed and allows for the development of a Cyclical Maintenance Budget. This enhances the Finance Departments ability to forecast. There are still a few bugs to work out but for the most part this new plan is well on its way.

The quarterly maintenance schedule has also been improved and the scope of the program has been broadened. Historically the Supported Housing Division addressed unpredictable light to medium maintenance issues by using the services of a contractor. The plan was to schedule this four time a year. This was difficult to organize as there was never a specific person responsible. This program is now being expanded to include the majority of MPA’s Licensed Care locations.

Laurie Koziak
Director of Facilities
Finance and Human Resources

The purpose of the Finance Department is to promote fiscal responsibility, ensuring that adequate financial controls are in place to safeguard the Society’s assets, and providing timely financial reports that help to inform and set the financial priorities that ensure a high quality of service to members.

During the year the computerized accounting and payroll systems were updated to improve the delivery of support services to the Society.

The Finance Department supports the delivery of services to members by performing a number of functions:

Financial Management
- Preparing accurate and informative financial reports that provide the tools needed to make sound financial decisions for the Society as well as to assess the financial health of the Society.
- Identifying current and anticipating future trends in funding and expenditure levels to support the operational changes that ensure the ongoing stability of services to members.
- Preparing budgets and reporting operating results to program managers who ensure that programs operate within available funding dollars.

Financial Accountability
- Providing audited financial statements to funding and regulatory agencies.
- Preparing financial statements and maintaining accurate financial records to assist our financial auditors.
- Preparing, monitoring and reporting the annual operating budgets to funding agencies that provide operating grants and subsidies for our program delivery.

Payroll and Program Expenditures
- Our payroll administrator ensures timely and accurate payment to over 180 employees, along with other statutory remittances.
- Our accounts payable clerk ensures timely and accurate payments to our suppliers as well as payments on behalf of our members.

Human Resources
- Our primary resources are the dedicated employees who provide services to our members.
- The Human Resources function was formally added to the Finance Department in 2004.
- We look forward to continued collaborative and constructive relationships with employees, through liaison with our labour union representatives and stewards, the Occupational Health and Safety committee, and to developing programs to support the education and wellness of our employees.

Liz Hatton CGA
Director, Finance and Human Resources
MPA - Motivation, Power & Achievement Society
Financial Report
For the year ended March 31, 2005

Total Expenditures

- Client Programs and Activities: 6%
- Client Rent Subsidies: 13%
- Facilities: 13%
- Other: 3%
- Wages and benefits: 65%

Grants: $8,727,509
Client Rental Revenue: $1,100,395
Other: $65,215

Total: $9,893,119

Wages and benefits: $6,295,962
Facilities: $1,273,502
Client Rent Subsidies: $1,300,471
Client Programs and Activities: $623,371
Other: $286,794

Total: $9,780,100

Excess of Revenues over Expenditures: $113,019

Current Assets: $1,180,755
Restricted Assets: $199,842
Facilities, net book value: $4,926,628
Total: $6,307,225

Current Liabilities: $1,739,132
Long term Mortgages: $3,230,749
Net Assets: $1,337,344
Total: $6,307,225
MPA—Motivation, Power and Achievement Society

Empowerment in Mental Health since 1971

Thank you

Charitable Tax Number
108167487 RR0001